

Health Confession

My body is the temple of the Holy Ghost. God Almighty lives in me. I am strong, I am fit, and I am healthy. My body is getting stronger every day; even right now as I speak my body is getting stronger and stronger. God satisfies my mouth with good things and my youth is being renewed as the eagle's. My brain is strong, and my mind is alert. My mind is sharp, and my memory is blessed. I'm not forgetful or confused. I think clearly. Everything in my brain functions perfectly, in the name of Jesus.

My spinal cord is strong and every nerve in my spinal cord functions properly. My backbone is strong. My tailbone is strong. Every bone in my body is strong, in the name of Jesus. My muscles are strong, my joints are strong, and my ligaments are strong. Everything in me is strong. Every hinge is loosed. I declare there is no arthritis, bursitis, nor inflammation in my body whatsoever. I am strong in the Lord. My muscular system and my skeletal system are strong. My heart is strong. Every valve, every chamber, all capillaries, and veins are strong. Blood flows through my body properly, with no hold up, no blockage whatsoever. My heart pumps, my heart beats at the right beats per minute. There are no holes in my heart or any heart murmurs, for my heart is strong.

My lungs are strong. They fill up and empty out perfectly. I breathe, and I am whole. My lungs are strong. They are like brand new. I resist asthma, emphysema, bronchitis, and all respiratory problems. My lungs are strong. My stomach is strong. My intestines are strong. My colon is strong. My digestive system functions perfectly in the name of Jesus. My gallbladder is strong. My kidneys, they are strong. They filter all my blood perfectly, in the name of Jesus.

My appendix is strong in the name of Jesus. My reproductive system is whole and strong. No barrenness or infertility. My hormones are balanced. Nothing's out of order. I resist and reverse the effects of high blood pressure and diabetes on my body. My body is made brand new. From this moment forward, I'm a healed and whole person. Nothing's missing, nothing's broken, nothing's lacking, and nothing's out of order in my body, whatsoever in the name of Jesus.

I resist infections, germs, and all viruses, including coronavirus. I resist all diseases. I resist all disorders, including genetic disorders. I resist hereditary diseases. I'm in a new race, I'm in a new family, and I have new DNA. I am a child of God. Healing is the children's bread. So, I declare over myself and everybody in my household, we are healed, we are healthy, and we are strong, NOW, in the name of Jesus, Amen!