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**Jesus
Changed
My Life**

EST. CIRCA AD 33

**HEALING IS
YOURS TODAY**

A 7-Day Devotional on the
Healing Power of God

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INTRODUCTION

As you go through the pages of this devotional, there is one truth I hope resonates in your spirit; it is God's will that you and I prosper and be in health. I, like many believers, was ignorant of this truth. I suffered the same physical and emotional distress as people who have not yet come to the saving knowledge of Christ. I grew up with a "sometimes-He-will, sometimes-He-won't" mindset, as if God has some evaluation process to determine who is worthy of healing. I have learned by experience that healing and divine health are in God's will for everyone!

I was missing the truth that God is no respecter of persons.

ACTS 10:34 (CEV) - *"Peter then said: Now I am certain that God treats all people Alike."*

If Jesus healed the woman with an issue of blood ([MATTHEW 9:20-22](#), [MARK 5:25-34](#)), the centurion's servant ([MATTHEW 8:5-13](#)), and Peter's mother-in-law ([MATTHEW 8:14-15](#)), then indeed He will heal you and me.

IT IS GOD'S NATURE AND WILL TO HEAL! Jesus came to change our lives and make all things right. He came to heal us.

JEREMIAH 17:14 - *Heal me, O Lord, and I shall be healed; Save me, and I shall be saved, For You are my praise.*

If you have received Jesus as your Lord and Savior, healing already belongs to you. Over the next seven days, discover how to make this eternal truth your reality. May this devotional be a blessing to you and all those who receive Jesus into their hearts!

DAY ONE | **Violated Rights**

"This dear woman, a daughter of Abraham, has been held in bondage by Satan for eighteen years. Isn't it right that she be released, even on the Sabbath?" – **LUKE 13:16 (New Living Translation)**

Regardless of what we see going on in the landscape of America, there is unmatched beauty in being an American citizen. People from every continent on the planet have sought asylum and full citizenship in this great country. Why? They covet the rights and freedoms associated with American citizenship. They relish the rights guaranteed to Americans by the United States Constitution.

When an American citizen's rights are violated, checks and balances are in place that provide recourses to remedy the violation. The same is true for citizens of the Kingdom of God. There are rights that have been afforded us by the spent, precious blood of Jesus and these rights are clearly laid out in the Word of God (the Bible). One of those rights that is often violated is our right to healing.

In Luke 13:16, the religious crowd condemned Jesus for healing a woman on the Sabbath Day. Jesus' response was to remind His accusers of the woman's lineage and her rights as a daughter of Abraham. According to [Galatians 3:29](#), we are Abraham's seed if we are in Christ.

"And if you are Christ's, then you are Abraham's seed and heirs according to the promise." Galatians 3:29 KJV

The crucifixion and resurrection of Jesus ushered in a new covenant where we operate as sons and daughters of God. This covenant relationship gives us the right to health and healing. BY HIS STRIPES, WE ARE HEALED. ***"But to you who fear My name, The Sun of Righteousness shall arise with healing in His wings; And you shall go out and grow fat like stall-fed calves."*** (MALACHI 4:12 NKJV). Choose today to exercise your rights as a son/daughter of God. Do not allow the religious crowd nor Satan to talk you out of your God-given, unalienable right to health and healing.

SCRIPTURE READING: [Matthew 15:21-28](#); [Luke 13:10-17](#)

DAY TWO | The Active Ingredient

“He responded, “Daughter, your faith has healed you; go in peace, healed from your disease.” – MARK 5:34 (Contemporary English Version)

Have you ever attempted to make homemade bread? If so, you understand the importance of yeast. Yeast is a living microscopic organism that converts sugar or starch into alcohol and carbon dioxide (the gas which causes bread to rise). Yeast is the ingredient REQUIRED for bread making. I will never forget the first (*and last*) time I attempted to make bread. The result was, let's say, not desirable. No one wanted to eat it, even being fresh out of the oven. In retrospect, I realized that I failed to handle the yeast properly, which resulted in, you guessed it, inactive, dead yeast.

Before I wasted flour and oil, I should have known that my bread was not going to come out right. Why? I had forgotten to activate the yeast! Much like yeast to bread, active faith is required to manifest healing, barring a miracle. We have no control over miracles, but our results are guaranteed with active faith. According to [Romans 12:3](#), God has given each of us a measure of faith. When we accept Jesus as Lord, we have what is necessary to produce healing. When healing does not manifest, the first thing we must check is the status of our faith.

In bread-making, before adding yeast to the flour mixture, you must activate the yeast by mixing it with sugar and warm water. The same is true for healing; you must activate your faith by mixing it with the Word of God. Like the woman in our opening scripture, hear the voice of Jesus (the Word), push past obstacles, ignore your past, stop feeling sorry for yourself and receive your healing...today!

SCRIPTURE READING: [MARK 5:25-34](#); [ROMANS 4:18-20](#); [JAMES 2:17](#)

DAY THREE | Power in the Word

"...no word from God shall be without power or impossible of fulfillment..."
- LUKE 1:37 (Amplified Classic)

[Hebrews 4:12](#) (AMPC) tells us that "...the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]..." Every time we open the Word of God (the Bible) or listen to the preached Word, we instantly encounter all the power, strength, and vitality of Heaven. Scientifically speaking, power is the amount of work done in an elapsed quantity of time. Work done in the least amount of time yields the greatest power rating.

I have personally experienced the supernatural power of God's Word. In July 2020, I ruptured my Achilles tendon. I heard a loud "pop" and was immediately rendered helpless. Don't judge me, but fear gripped me immediately. I went from doctor to doctor with the prognosis worsening with every visit. I was speaking the Word, but my fear kept neutralizing the power of the Word. The doctors offered a natural solution: surgery and six weeks of healing time, followed by physical therapy. I was looking at a year before wearing high heels, running, and jumping would be possible.

Before my scheduled surgery, God stepped in and told me He could handle this situation. He spoke to me through [Jeremiah 33:6-7](#), saying that He would rebuild my tendon "as it was at the first". The Lord graciously sent me a Spirit-filled physical therapist and prayer partner whose primary equipment is God's Word. The Word worked swiftly. I started taking long walks, climbing steps, and running within a few weeks. Just as the Word rebuilt my tendon, it will dissolve tumors, regulate systems, and even restore life. Psalm 107:20 says, "He sendeth his word and healeth them, and delivereth them from their graves." (1599 Geneva Bible)

SCRIPTURE READING: [PSALM 147:15](#); [HEBREWS 1:3 \(ICB\)](#)

DAY FOUR | Open Wide

*“The Spirit is the One who gives life. The flesh does not help at all.
The words that I have spoken to you are spirit, and they are life.”*

– JOHN 6:63 EHV

When it came to our health, my mother believed in preventative measures. Our busy lifestyle made no provision for sickness. Her main line of defense was our daily dose of foul-tasting cod liver oil. Without fail, every morning, she would line my siblings and me up at the refrigerator, spoon in hand, and say, “*open wide.*” For the medicine to be effective, it couldn’t end up on the floor or on our clothes; it needed to be ingested. Our open mouths were vital to receiving the expected benefit.

The same holds true for the manifestation of healing. Our mouths play a crucial role. We must open them wide. In this instance, we are not opening our mouths to receive; we are opening them wide to speak. When pain strikes or doctors give troubling diagnoses, our verbal responses don’t often reflect a belief that healing will come or is even possible. That must change immediately.

[Matthew 9:20-22](#) gives an account of a woman who had been menstruating for 12 years straight. One can only imagine what she felt in her body. But instead of sighing, moaning, and speaking death (*which I suspect she may have done before hearing about Jesus*), the scripture says, “...*she said to herself, ‘If only I may touch His garment, I shall be made well.’*” She spoke healing and life.

If your body pressures you to speak things contrary to life, refuse those words. Open wide and allow your spirit to speak. Your open mouth is key to receiving. How is that possible? Speaking life pushes you into action. Like the woman with the issue of blood, allow faith-filled words to drive you forward and not the sickness. Refuse to speak anything other than life, and you will be healed!

SCRIPTURE READING: [JOHN 10:10 \(JUB\)](#); [JOHN 6:63 \(ERV\)](#); [ISAIAH 33:20-24](#)

DAY FIVE | Walk it Out

“And so it was that as they went, they were cleansed.” – LUKE 17:14b

Jesus' earthly ministry demonstrated the power of the miraculous. In the overwhelming majority of cases, healing manifested immediately. Today, many people have seen miraculous and instantaneous healings through the spoken Word, the laying on of hands, and gifts of the Spirit. It would be wonderful if every healing manifested that way, but sometimes, you must walk out your healing process.

What do I mean by walking it out? There may be times when the Word of healing comes, and you believe it and take it as your truth, yet nothing changes physically. Another believer might pray and lay hands on you, but the pain persists. Did healing not come? **It did come!** But you must now reckon or consider yourself healed and carry on with life. Do what Jesus did when He cursed the fig tree ([Mark 11:14](#)). He believed, spoke, and moved on, knowing results would come.

You've walked things out before! When you gave your life to Jesus, you had to consider yourself dead to sin and trespasses. **Romans 6:11-12 (KJV)** says, *“11 Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord. 12 Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.”* Just because you received salvation, it does not mean thoughts and temptations went away. But as a maturing Christian, you learn to put those thoughts in their place by refusing to yield to them. We must do the same thing with persisting physical issues and put them in their place. As you carry on with life, remind those symptoms that they have no place nor control over your life. Soon enough, total healing will manifest.

SCRIPTURE READING: [LUKE 17:11-19](#); [HEBREWS 10:23 NIV](#)

DAY SIX | Don't Be Moved

"And he became as one dead, so that many said, "He is dead."

- MARK 9:26b

1 John 2:9 (ERV) states, *"If we say we live in God, we must live the way Jesus lived."* This statement should pose a striking question in our hearts: *"Just how did Jesus live?"* From scripture, precisely [John 8:29](#), we know that Jesus only did those things that pleased the Father. We also know, from [Hebrews 11:6](#), that faith pleases God. Therefore, we can conclude that Jesus lived by faith.

In today's background scripture, we read about a young man in whom unclean spirits produced epileptic episodes. At his wit's end, his father came to Jesus' disciples for help to no avail before appealing to Jesus. Jesus listened to this father's testimony of the young man's near-death experiences and how long he'd been dealing with those issues. In response, Jesus commanded the sickness-producing spirits to leave the young man and not return. The moment Jesus spoke, the young man fell to the ground as one being dead.

Suddenly, the situation seemed worse, and the crowd responded as such. But we aren't supposed to imitate the crowd. We respond the same way Jesus did - in faith. Although the young man appeared to be dead, Jesus reached out in expectation of life. **MARK 9:27** - *" But Jesus took him by the hand and lifted him up, and he arose."*

Faith is not moved when things take a turn for the worse. It is founded and established on the truth of God's Word and ignores everything else. Respond like Jesus; don't be moved by what you see, hear, or feel. If symptoms get worse, boldly maintain your stance on the Word, and eventually, things will take a turn for the better.

SCRIPTURE READING: [MARK 9:14-27](#); [1 CORINTHIANS 16:13 NASB](#);
[EPHESIANS 6:13 ISV](#); [EPHESIANS 5:1 TLB](#)

DAY SEVEN | You've Got Help

“Likewise the Spirit also helps our infirmities...” – ROMANS 8:26a

From my perspective, one of the most awe-inspiring things about our Heavenly Father is His attentiveness. When we feel our worst, He is there. When we don't look our best, God is there. When ugly symptoms turn others away, He never leaves us. No situation can come along that prompts Him to abandon us. He is always there. ***Don't worry—I am with you. Don't be afraid—I am your God. I will make you strong and help you. I will support you with My right hand that brings victory. (Isaiah 41:10 ERV).***

Under the New Covenant, our Father and the Lord Jesus Christ have come to live in us by the Spirit. We have the indwelling presence of God, which means everything the Lord is and has is inside of us!

In **John 14:6**, Jesus proclaims, *“I am the way, the truth, and the life.”* Therefore, *life* is dwelling inside of us. In **Acts 3:15**, Peter refers to Christ as the Prince or Originator of life. If we have Christ, we have life. When Jesus rose from the dead, He demonstrated that life is a greater force than death. The Prince of Life lives in you. You have help, called resurrection-life power! Jesus' presence alone is enough to eradicate every form of sickness and disease from your body.

Sickness and disease often persist simply because we don't know how to access our help. Many of us have had electronics or appliances that stopped working. In the owner's manual, there is usually a customer support number you can call. When you do, agents are ready to help. The spirit realm is no different! The Holy Spirit operates Heaven's help desk. Jesus said in **John 14:16**, *“...I will pray the Father, and He will give you another Helper, that He may abide with you forever.”* The Holy Spirit is the agent through Whom we access the life-saving power of God. ***Yet God raised Jesus to life! God's Spirit now lives in you, and he will lift you to life by his Spirit. Romans 8:11 (CEV).*** When your health breaks down, call the help desk. The Holy Spirit will tell you exactly what to do!

SCRIPTURE READING: [1 JOHN 5:12](#); [PSALM 46:1](#); [1 CORINTHIANS 15:54-57](#)

EPILOGUE

Healing did not go away when Jesus Christ left the earth. It is still available today. We must understand that healing is always in the will of God. He sent His son Jesus that we might have life, abundant life ([John 10:10](#)), and long life ([Psalm 91:16](#)), and if maintaining life means accessing healing, then it is ours! Spend time meditating on the scripture references until you build enough faith to be healed. Resist the voice of the evil one that will tell you these verses are not about physical healing or that God is trying to teach you something through your sickness. We serve a good God who only does good, and He is good to all!

To access more on the remarkable gift of healing, watch Pastor Jonathan Anderson's 2020 Healing School by [clicking here](#).

Additional resources on the subject of healing:

[Health Confessions](#)

[God's Will to Heal E-Book: Bro. Keith Moore](#)

ONE FINAL WORD

1 PETER 2:24 - *Who his own self bare our sins in His own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.*



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